

1. Break the ice – Start a conversation

Equivalent: Start talking

2. Hit the sack – Go to bed

Equivalent: Go to sleep

3. Let the cat out of the bag – Reveal a secret

Equivalent: Reveal the truth accidentally

4. Under the weather – Feeling sick

Equivalent: Feeling unwell

5. Piece of cake – Very easy

Equivalent: Very simple

6. Kill two birds with one stone – Achieve two goals at once

Equivalent: Be efficient

7. Bite the bullet – Accept something painful

Equivalent: Endure something unpleasant

8. Hit the nail on the head – Be exactly right

Equivalent: Be accurate

9. Spill the beans – Reveal secret info

Equivalent: Disclose information

10. The ball is in your court – It's your turn to act

Equivalent: It's your responsibility now

11. Costs an arm and a leg – Very expensive

Equivalent: Very costly

12. Once in a blue moon – Very rarely

Equivalent: Not often

13. When pigs fly – Never

Equivalent: Impossible

14. Burn the midnight oil – Stay up working late

Equivalent: Work late at night

15. Actions speak louder than words – What you do matters more than what you say

Equivalent: Behavior is more important than promises

- 16. Cry over spilled milk** – Complain about a past mistake
Equivalent: Regret something that can't be changed
- 17. Let someone off the hook** – Let someone avoid responsibility
Equivalent: Excuse someone
- 18. Cut corners** – Do something badly to save time or money
Equivalent: Skip necessary steps
- 19. Hit the books** – Study hard
Equivalent: Prepare for exams
- 20. Get cold feet** – Lose confidence
Equivalent: Become nervous
- 21. It takes two to tango** – Both people are responsible
Equivalent: Both parties are at fault
- 22. Beat around the bush** – Avoid saying something directly
Equivalent: Be indirect
- 23. On the ball** – Alert and quick
Equivalent: Attentive and prepared
- 24. Take it with a grain of salt** – Don't take it too seriously
Equivalent: Be skeptical
- 25. Add fuel to the fire** – Make a situation worse
Equivalent: Increase tension
- 26. In hot water** – In trouble
Equivalent: Facing consequences
- 27. Put all your eggs in one basket** – Rely on one plan
Equivalent: Take a risk by depending on one thing
- 28. A blessing in disguise** – Something good that seemed bad at first
Equivalent: Hidden benefit
- 29. Blow off steam** – Release stress
Equivalent: Calm down by expressing emotions
- 30. Go the extra mile** – Do more than required
Equivalent: Make extra effort
- 31. Bend over backwards** – Try very hard
Equivalent: Make an exceptional effort

32. In the same boat – In the same situation

Equivalent: Sharing the same problem

33. Jump the gun – Start too soon

Equivalent: Act prematurely

34. By the book – Exactly as the rules say

Equivalent: Follow rules strictly

35. Keep your chin up – Stay positive

Equivalent: Remain hopeful

36. A dime a dozen – Very common

Equivalent: Easily available

37. Break a leg – Good luck

Equivalent: Best wishes

38. Pull someone's leg – Joke or tease

Equivalent: Playfully deceive

39. Back to the drawing board – Start over

Equivalent: Plan again from scratch

40. The last straw – Final limit of patience

Equivalent: Breaking point

41. Up in the air – Uncertain

Equivalent: Not yet decided

42. Through thick and thin – In good and bad times

Equivalent: Always supportive

43. Throw in the towel – Give up

Equivalent: Admit defeat

44. Barking up the wrong tree – Looking in the wrong place

Equivalent: Misguided effort

45. The best of both worlds – All advantages

Equivalent: Ideal situation

46. Burn bridges – Destroy relationships

Equivalent: End ties permanently

47. Cold turkey – Suddenly stop something

Equivalent: Quit abruptly

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48. Eleventh hour – Last moment

Equivalent: Just before the deadline

49. Face the music – Accept consequences

Equivalent: Deal with the outcome

50. Give the benefit of the doubt – Believe without proof

Equivalent: Assume the best